

**DEPARTMENT OF ANATOMY, L.T.M.M.C. & G.H., SION.  
FIRST M.B.B.S. Batch 2018-2019, Teaching Programme  
Orthopedic Surgery / Upper limb**

<b>Date, Day:</b> 02/08/2018, Thursday	<b>Week 1 Day 1, 1</b>		
08.15 a.m.- 09.15 a.m.	Lecture	Pectoral region	Dr. M. Natarajan
09.20 a.m.- 10.20 a.m.	Lecture	Axilla	Dr. R. R. Kulkarni
10.30 a.m.- 12.30 p.m.	Dissection (all batches) (bp-supine)	Pectoral region	*
12.30 p.m. to 01.30 p.m.	----- LUNCH BREAK -----		
01.30 p.m.- 02.30 p.m.	Dissection (all batches) (bp-supine)	Axilla	*(Clubbed with front of arm)
02.30 p.m.- 03.30 p.m.	Demonstration (all batches)	Clavicle (Sternum, Scapula)	*(Clubbed with Scapula)
03.30 p.m.- 04.00 p.m.	Day's summary	-	Dr. M. A. Mahendrakar (Clubbed with Midweek summary)
04.00 p.m.- 04.30 p.m.	Journal purchase	-	-

<b>Date, Day:</b> 04/08/2018, Saturday	<b>Week 1 Day 2, 2</b>		
08.15 a.m.- 09.15 a.m.	Lecture	Scapular region	Dr. J. S. Charania
09.20 a.m.- 10.20 a.m.	Lecture	Shoulder region	Dr. V. V. Kulkarni
10.30 a.m.- 11.30 a.m.	Seminar (Roll nos:1-6)	Mammary gland	Dr. R. R. Kulkarni
11.30 a.m.- 12.30 p.m.	Midweek's summary	-	Dr. D. N. Khedekar
12.30 p.m.- 01.00 p.m.	Journal purchase	-	-

<b>Date, Day:</b> 07/08/2018, Tuesday	<b>Week 1 Day 3, 3</b>		
08.15 a.m.- 09.15 a.m.	Lecture	Microanatomy Connective tissue (wr GA, GE)	Dr. P. M. Meshram
09.20 a.m.- 10.20 a.m.	Lecture	Microanatomy Mammary gland (wr SE)	Dr. R. R. Kulkarni
10.30 a.m.- 12.30 p.m.	Dissection (all batches) (bp-prone)	Scapular region	*
12.30 p.m. to 01.30 p.m.	----- LUNCH BREAK -----		
01.30 p.m.- 02.30 p.m.	Dissection (all batches) (bp-prone)	Scapular region	*
02.30 p.m.- 03.30 p.m.	Demonstration (all batches)	Scapula (Clavicle, Humerus)	*(Batch B – HO1 Batch D – HO2 )
03.30 p.m.- 04.00 p.m.	Week's summary	-	Dr. R. A. Gole
04.00 p.m.- 04.30 p.m.	Journal purchase / Feed back / Book library	-	-

\*Respective Assistant Professors and House Officers, bp – body position, wr – with related  
GA – General Anatomy, GE – General Embryology, SE – Systemic Embryology.

Dr. Madhuri A. Mahendrakar,  
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Dr. M. Natarajan,  
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<b>Date, Day:</b> 09/08/2018, Thursday	<b>Week 2 Day 1, 4</b>		
08.15 a.m.- 09.15 a.m.	Lecture	Front of arm	Dr. M. G. Lone
09.20 a.m.- 10.20 a.m.	Lecture	Microanatomy Articular cartilage White fibro cartilage (wr GA, Joints, GE)	Dr. P. M. Meshram
10.30 a.m.- 12.30 p.m.	Dissection (AB batch) * Front of arm (bp-supine)	Histology Practical (CD batch) * Tendon, Articular cartilage, White fibro cartilage, Mammary gland – active & passive	
12.30 p.m. to 01.30 p.m.	----- LUNCH BREAK -----		
01.30 p.m.- 02.30 p.m.	Dissection (all batches) (bp-supine)	Front of arm	*
02.30 p.m.- 03.30 p.m.	Demonstration (all batches)	Humerus (Scapula, Ulna, Radius)	*(Batch A – HO3 Batch C – HO1 Batch D – HO2)
03.30 p.m.- 04.00 p.m.	Day's summary	-	Dr. D. N. Khedekar
04.00 p.m.- 04.30 p.m.	Journal Work	-	-

<b>Date, Day:</b> 11/08/2018, Saturday	<b>Week 2 Day 2, 5</b>		
08.15 a.m.- 09.15 a.m.	Lecture	Back of arm	Dr. M. Natarajan
09.20 a.m.- 10.20 a.m.	Lecture	Elbow region	Dr. M. A. Mahendrakar
10.30 a.m.- 11.30 a.m.	Seminar (Roll nos:7-12)	Brachial plexus injuries	Dr. R. R. Kulkarni
11.30 a.m.- 12.30 p.m.	Midweek's summary	-	Dr. J. S. Charania
12.30 p.m.- 01.00 p.m.	Journal Submission (C,D batches)	-	-

<b>Date, Day:</b> 14/08/2018, Tuesday	<b>Week 2 Day 3, 6</b>		
08.15 a.m.- 09.15 a.m.	Lecture	General Embryology Gametogenesis and fertilization	Dr. R. R. Kulkarni
09.20 a.m.- 10.20 a.m.	Lecture	Genetics Cell division, Mendel's Law, Karyotyping	Dr. V. V. Kulkarni
10.30 a.m.- 12.30 p.m.	Dissection (CD batch) * Back of arm (bp prone)	Histology Practical (AB batch) * Tendon, Articular cartilage, White fibro cartilage, Mammary gland – active & passive	
12.30 p.m. to 01.30 p.m.	----- LUNCH BREAK -----		
01.30 p.m.- 02.30 p.m.	Dissection (all batches) (bp prone)	Back of arm	*
02.30 p.m.- 03.30 p.m.	Demonstration (all batches)	Ulna (Humerus, Radius, Articulated hand)	*(Batch B – HO3 Batch D – HO1)
03.30 p.m.- 04.00 p.m.	Fortnight's summary	-	Dr. P. M. Meshram
04.00 p.m.- 04.30 p.m.	Feedback / Book library	-	-

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<b>Date, Day:</b> 16/08/2018, Thursday	<b>Week 3 Day 1, 7</b>		
08.15 a.m.- 09.15 a.m.	Lecture	Front of fore arm	Dr. R. A. Gole
09.20 a.m.- 10.20 a.m.	Lecture	General Embryology 1 <sup>st</sup> & 2 <sup>nd</sup> week of development	Dr. M. G. Lone
10.30 a.m.- 12.30 p.m.	Dissection (all batches) (bp supine)	Cubital fossa, Front of fore arm	*
12.30 p.m. to 01.30 p.m.	----- LUNCH BREAK -----		
01.30 p.m.- 02.30 p.m.	Dissection (all batches) (bp supine)	Front of fore arm	*
02.30 p.m.- 03.30 p.m.	Demonstration	Radius (Humerus, Articulated hand)	* (Batch B – HO2 Batch C – HO3)
03.30 p.m.- 04.00 p.m.	Day's summary	-	Dr. M. A. Mahendrakar
04.00 p.m.- 04.30 p.m.	Journal Submission (A,B batches)	-	-

<b>Date, Day:</b> 18/08/2018, Saturday	<b>Week 3 Day 2, 8</b>		
08.15 a.m.- 09.15 a.m.	Lecture	Wrist and Hand	Dr. J. S. Charania
09.20 a.m.- 10.20 a.m.	Lecture	General Embryology 3 <sup>rd</sup> wk of development, trilaminar germ disc development	Dr. M. Natarajan
10.30 a.m.- 11.30 a.m.	Seminar (Roll nos:13-18)	Fractures and Dislocations	Dr. R. R. Kulkarni
11.30 a.m.- 12.30 p.m.	Midweek's summary	-	Dr. P. M. Meshram
12.30 p.m.- 01.00 p.m.	Journal Collection (C,D batches)	-	-

<b>Date, Day:</b> 21/08/2018, Tuesday	<b>Week 3 Day 3, 9</b>		
08.15 a.m.- 09.15 a.m.	Lecture	Back of forearm	Dr. D. N. Khedekar
09.20 a.m.- 10.20 a.m.	Lecture	Microanatomy Bone (wr GA, GE)	Dr. M. G. Lone
10.30 a.m.- 12.30 p.m.	Dissection (all batches) (bp prone)	Back of forearm, Dorsum of hand	*
12.30 p.m. to 01.30 p.m.	----- LUNCH BREAK -----		
01.30 p.m.- 02.30 p.m.	Dissection (all batches) (bp prone)	Back of forearm, Dorsum of hand	*
02.30 p.m.- 03.30 p.m.	Demonstration	Wrist joint, Articulated hand (Radius)	* (Batch A – HO1 Batch B – HO2 Batch C – HO3)
03.30 p.m.- 04.00 p.m.	Preterminal summary	-	Dr. R. A. Gole
04.00 p.m.- 04.30 p.m.	Feedback / Book library	-	-

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<b>Date, Day:</b> 23/08/2018, Thursday	<b>Week 4 Day 1, 10</b>		
08.15 a.m.- 09.15 a.m.	Lecture	Microanatomy Muscle (wr GA, GE)	Dr. M. G. Lone
09.20 a.m.- 10.20 a.m.	Lecture	Microanatomy Placenta (wr GE)	Dr. R. R. Kulkarni
10.30 a.m.- 12.30 p.m.	Dissection (AB batch) * Hand (bp supine)	Histology Practical (CD batch) * Bone, Muscle, Placenta	
12.30 p.m. to 01.30 p.m.	----- LUNCH BREAK -----		
01.30 p.m.- 02.30 p.m.	Dissection (all batches) (bp supine)	Hand	*
02.30 p.m.- 03.30 p.m.	Demonstration	Radiology, Living Anatomy (CD batch) * (Batch C – HO1, Batch D – HO2)	Embryo models (AB batch) *
03.30 p.m.- 04.00 p.m.	Day's summary	-	Dr. P. M. Meshram
04.00 p.m.- 04.30 p.m.	Journal Collection (A,B batches)	-	-

<b>Date, Day:</b> 25/08/2018, Saturday	<b>Week 4 Day 2, 11</b>		
08.15 a.m.- 09.15 a.m.	Lecture	Genetics Barr body, Lyon's hypothesis, Numerical aberrations	Dr. V. V. Kulkarni
09.20 a.m.- 10.20 a.m.	Lecture	General Embryology Embryonic period and folding of embryo, 4 <sup>th</sup> wk of development	Dr. M. Natarajan
10.30 a.m.- 11.30 a.m.	Seminar (Roll nos:19-24)	Applied anatomy of upper limb (except covered in earlier 3 seminars)	Dr. M. A. Mahendrakar
11.30 a.m.- 12.30 p.m.	Midweek's summary	-	Dr. R. R. Kulkarni
12.30 p.m.- 01.00 p.m.	Journal Submission (C,D batches)	-	-

<b>Date, Day:</b> 28/08/2018, Tuesday	<b>Week 4 Day 3, 12</b>		
08.15 a.m.- 09.15 a.m.	Lecture	General Embryology Fetal period and Teratogenesis	Dr. M. A. Mahendrakar
09.20 a.m.- 10.20 a.m.	Lecture	Genetics Structural aberrations	Dr. R. R. Kulkarni
10.30 a.m.- 12.30 p.m.	Dissection (CD batch) * Revision (bp supine)	Histology Practical (AB batch) * Bone, Muscle, Placenta	
12.30 p.m. to 01.30 p.m.	----- LUNCH BREAK -----		
01.30 p.m.- 02.30 p.m.	Dissection (all batches) (bp supine)	Revision	*
02.30 p.m.- 03.30 p.m.	Demonstration	Radiology, Living Anatomy (AB batch) *	Embryo models (CD batch) *
03.30 p.m.- 04.00 p.m.	Part summary	-	Dr. J. S. Charania
04.00 p.m.- 04.30 p.m.	Feedback / Book library	-	-

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**Anatomy Days – Tuesday, Thursday & Saturday**

Day & Time	Tuesday	Thursday	Saturday
08.15 a.m.- 09.15 a.m.	Lecture	Lecture	Lecture
09.20 a.m.- 10.20 a.m.	Lecture	Lecture	Lecture
(Tuesday, Thursday) 10.30 a.m.- 12.30 p.m.	Histology Practical (every even week) / Dissection	Histology Practical (every even week) / Dissection	-
(Saturday) 10.30 a.m.- 11.30 a.m.	-	-	Seminar (all batches)
(Saturday) 11.30 a.m.- 12.30 p.m.	-	-	Day's summary
(Saturday) 12.30 p.m.- 01.00 p.m.	-	-	Journal Work (Submission and collection)
12.30 p.m. to 01.30 p.m.	----- LUNCH BREAK -----		-
(Tuesday, Thursday) 01.30 p.m.- 02.30 p.m.	Dissection (all batches)	Dissection (all batches)	-
(Tuesday, Thursday) 02.30 p.m.- 03.30 p.m.	Demonstration (all batches)	Demonstration (all batches)	-
(Tuesday, Thursday) 03.30 p.m.- 04.00 p.m.	Day's summary	Day's summary	-
(Tuesday, Thursday) 04.00 p.m.- 04.30 p.m.	Feedback / Book library	Journal Work (Submission and collection)	-

<b>Summary</b>	
Day 1 - Day's summary	Day 6 - Fortnight's summary
Day 2 - Midweek's summary	Day 9 - Pre Terminal summary
Day 3 - Week's summary	Day 12 - Month's summary

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**Summary**

<b>Day 1</b>	<b>- Day's summary</b>
<b>Day 2</b>	<b>- Midweek's summary</b>
<b>Day 3</b>	<b>- Week's summary</b>
<b>Day 6</b>	<b>- Fortnight's summary</b>
<b>Day 9</b>	<b>- Pre Terminal summary</b>
<b>Day 12</b>	<b>- Month's summary</b>

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House Officer (H.O.) List**

H.O. 1	Dr. Dhruv H. Ambegaokar
H.O. 2	Dr. Suvas G. Prajapati
H.O. 3	Dr. Siddhartha T. Nandi

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